

Inspiring

Hope

*“The Crisis Line
saved my life.”*



CRISIS LINE 24/7/365

602.222.9444

crisis.solari-inc.org



EVERYONE faces a crisis some time.

It really helps to talk about it.

We all face a personal crisis from time to time. When we do, it's easy to think our problems are not important enough. Sometimes we feel we're a burden to those around us.

You're not alone. Sometimes all it takes is a conversation with somebody else to help you see past your current pain to future solutions.

People of all ages from all walks of life call us for help.

Our trained Crisis Intervention Specialists are available around the clock and provide assistance in English or your preferred language. If your crisis can't be solved over the phone, we'll connect you to local agencies who can help.

Whether you're a teen, an adult or are concerned about a family member or friend, we're here for you.



OUR EXPERIENCE COVERS MANY PERSONAL ISSUES, INCLUDING:

- Suicidal thoughts
- Addiction/Substance use
- Depression
- Anxiety & panic attacks
- Grief
- Stress at work
- Family problems
- Bullying
- Physical and verbal abuse



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For medical, police or fire emergencies call **911**.

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Free, immediate and confidential support for you or someone you love.

**24 hours a day, 7 days a week,
365 days a year**

TOLL FREE: 800.631.1314

TTY/TDD: 800.327.9254



**WARM LINE (Peer-to-Peer)
602.347.1100**

Warm Line specialists offer peer support for callers who need to talk. We can relate to the challenges you're experiencing because we've been through similar situations.



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Services provided by Solari are funded through contracts with the Arizona Health Care Cost Containment System (AHCCCS), Mercy Care and Health Choice Arizona.

The agency is accredited by:



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